



## QUEENS PARK MONTESSORI DAY NURSERY

155 Richmond Park Road  
Bournemouth  
Dorset  
BH8 8UA

Telephone: (01202) 523293

Proprietor: Mrs Alison Toms

Ofsted Reg: EY242933

### A Unique Child

Every child is a competent learner from birth who can be resilient, capable, confident and self-assured.

### Positive Relationships

Children learn to be strong and independent from a base of loving and secure relationships with parents and/or a key person.

### Learning and Development

Children develop and learn in different ways and at different rates and all areas of learning and development are equally important and inter-connected.

### Enabling Environments

The environment plays a key role in supporting and extending children's development and learning.

### CHARACTERISTICS OF EFFECTIVE LEARNING

ACTIVE LEARNING  
PLAYING AND EXPLORING  
CREATING AND THINKING CRITICALLY

EYFS: 1.1-1.6, 1.11 -1.15, 3.55, 3.58, 3.59, 3.65

## OUTDOOR PLAY POLICY

At Queens Park Montessori Day Nursery we recognise the importance of daily outdoor play and the physical development and are committed to ensure all children have daily access regardless of their age and stage of development. Where possible this includes the children having free access to the outdoors allowing them the freedom to play indoors or out. We provide an inclusive outdoor play environment with areas for non-mobile children to freely explore. We make reasonable adjustments where required, in line with the Equality Act 2010. We go out to play with all children in all weathers unless it is deemed unsafe (high winds, lightning, torrential rain).

We understand the vital role that learning outdoors has on children's learning and development as well as the importance of regular access to outdoor play in order to keep fit and healthy, develop children's large and fine motor skills, experience learning in a

natural environment and access sunlight in order to absorb vitamin D more effectively. We also refer to The Chief Medical Office guidance on physical activity (see enclosed factsheets).

The outdoor areas, both within the nursery grounds and in the local community have a wealth of experiences and resources which help children to learn and develop in a variety of ways, including independence, exploration and investigative skills, risk taking and self-esteem, all of which support children to develop skills now and for the future.

We take reasonable steps to ensure the safety of children through risk assessments whilst balancing the benefits to learning through providing an element of 'risky play'. This type of play allows children to explore and find their own boundaries in a safe environment with supportive practitioners. Staff are informed of the importance of safety procedures and are trained appropriately to ensure these procedures are followed effectively.

We ensure outdoor play is adequately supervised and we have robust safety checks in place, including regular head counts.

We obtain parental permission before any child leaves the nursery during the day. This includes short outings into the local community. There is more information in the outings policy.

We plan all outdoor play opportunities and outings to complement the early years curriculum, this includes providing children with purposeful activities and quality resources that support and follow their individual interests and the seven areas of learning and development. We plan both adult-led and child-initiated opportunities to enable children to learn and practice new skills, knowledge and behaviours.

Where activities take place away from the setting (e.g. in the local park or woods) then the nursery mobile phone and first aid kit will be taken to ensure the safety of children at all times. A trained paediatric first aider will be present when away from the main setting.

We use this policy alongside the following policies to ensure the safety and welfare of children throughout their time outside:

- Health and Safety
- Sun Care
- Caring for Babies and Toddlers
- Lost Child Policy
- Parents and Carers as Partners
- Supervision of Children
- Safeguarding Children
- Visits and outings.

**This policy was adopted on:** .....

**Signed on behalf of the nursery:** .....

**Date for review:** .....